

UČNI NAČRT PREDMETA / COURSE SYLLABUS

Predmet:	Trajnostno gornišтво
Course title:	Sustainable mountaineering

Študijski program in stopnja Study programme and level	Študijska smer Study field	Letnik Academic year	Semester Semester
Obštudijska dejavnost			poletni
Extracurricular activity			summer

**Vrsta predmeta (obvezni ali izbirni) /
Course type (compulsory or elective) /**

Obštudijska dejavnost
Extracurricular activity

Univerzitetna koda predmeta / University course code:

Predavanja Lectures	Seminar Seminar	Vaje Tutorial	Klinične vaje work	Druge oblike študija	Samost. delo Individ. work	ECTS
5	5	30			50	3

Nosilec predmeta / Lecturer:

pred./lect. dr. Boris Prevolšek

**Jeziki /
Languages:**

**Predavanja /
Lectures:** slovenščina
Slovene

Vaje / Tutorial: slovenščina
Slovene

Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti:

Za vključitev v delo pri predmetu ni pogojev. V predmet se lahko vključi največ 15 študentov.

Prerequisites:

There are no prerequisites for this course. A maximum of 15 students can take part in the course.

Vsebina:

Predmet podaja celovit pogled na gornišтво in poudarja trajnostne pristope pri izvajanju dejavnosti; od teoretičnih osnov do praktičnih vsebin:

- gore in gorstva po svetu (nastanek, pomen, simbolika)
- zgodovina naseljevanja v gorah in življenje v gorskem okolju

Content (Syllabus outline):

The course provides a comprehensive view of mountaineering and emphasizes sustainable approaches to the implementation of activities; from theoretical bases to practical contents:

- mountains and mountain ranges around the world (formation, meaning, symbolism)
- history of settlement in the mountains and life in the mountain environment

<ul style="list-style-type: none"> - razvoj in zgodovina gornišтва ter sorodnih aktivnosti v gorah - gore in slovenstvo - turizem v gorskem svetu - gorski turizem (in gornišтво) v Sloveniji - organiziranost gornišтва - osnovna gorniška terminologija - gorsko okolje in nevarnosti - osnove gibanja v gorah in oprema - načrtovanje in izvedba aktivnosti v gorah (gorniških izletov oz. tur) - trajnostne prakse pri izvajanju dejavnosti v gorah - trajnostne gorniške destinacije in gornišтво 	<ul style="list-style-type: none"> - development and history of mountaineering and related activities in the mountains - mountains and Sloveneness - mountain tourism - mountain tourism (and mountaineering) in Slovenia - organization of mountaineering - basic mountaineering terminology - mountain environment and hazards - basics of movement in the mountains and use of equipment - planning and implementation of activities in the mountains (mountain trips or tours) - sustainable practices in carrying out activities in the mountains - sustainable mountaineering destinations and mountaineering
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Temeljni literatura in viri / Readings:

Temeljna literatura:

- Aleš Glavnik et al. (2016): Planinska šola – učbenik. Ljubljana. Planinska zveza Slovenije.

Priporočena dodatna literatura / Recommended additional literature

- Tone Golnar (1996): Gorniška vzgoja. Ljubljana: Planinska zveza Slovenije.
- Andrej Stritar (2011): Gore Slovenije. Ljubljana: Kibuba.
- Sustainable Development in the Alps: The Mountaineering Villages (Bergsteigerdörfer) Initiative

Študentje bodo posamezne enote dobili tudi sproti na predavanjih in vajah oz. v elektronski obliki v spletni učilnici. / Students will also receive individual units on the spot in lectures and tutorials or. in electronic form in an online classroom.

Cilji in kompetence:

Cilji predmeta:

- prepoznati in ozavestiti gornišтво ter ostale oblike aktivnosti v gorah kot pomembno obliko gibanja, rekreacije, turizma in duševnega ter telesnega zdravja
- spodbujati k zdravem življenjskem slogu in trajnostnim praksam/pristopom pri izvajanju gornišтва in sorodnih dejavnosti

Objectives and competences:

Course objectives:

- to recognize and raise awareness of mountaineering and other forms of activities in the mountains as an important form of movement, recreation, tourism, mental and physical health
- to promote a healthy lifestyle and sustainable practices / approaches in mountaineering and related activities

- krepiti zavedanje in kritično mišljenje o pomenu gora, gorskega okolja, gorniških aktivnosti in turizma za razvoj in ohranjanje gorskih območij

Kompetence, ki jih študentje usvojijo:

- premišljen, spoštljiv in z znanjem podprt pristop do gora, gorskega okolja, aktivnosti v gorah in gorniških vsebin nasploh
- načrtovanje in izvedba lastnega gorniškega izleta/ture na naravi in okolju prijazen, pa tudi varen način

- raise awareness and critical thinking about the importance of mountains, the mountain environment, mountaineering activities and tourism for the development and conservation of mountain areas

Competences that students acquire:

- thoughtful, respectful and knowledge-based approach to mountains, mountain environment, mountain activities and mountaineering in general
- planning and implementation of mountaineering trip / tour in an environmentally friendly, as well as safe way

Predvideni študijski rezultati:

Študenti naj bi ob koncu predmeta:

- razumeli kompleksnost gora v smislu življenjskega okolja in izzivov, ki jih bivanje v gorah prinaša
- poznali zgodovino razvoja gorskih območij in gornišstva ter pojasnili vlogo in pomen gora v razvoju slovenske narodne identitete
- razumeli osnovno gorniško terminologijo
- prepoznali nevarnosti in netrajnostne prakse v gorskem okolju
- uporabljali osnovno gorniško opremo in pripomočke za načrtovanje ter izvedbo izleta v gore/ture
- zasnovali načrt ture in jo skladno z njim izvedli
- znali uporabiti/aplicirati trajnostne koncepte gornišstva v udejstvovanje na območju gora

Intended learning outcomes:

Students should:

- understand the complexity of mountains in terms of the living environment and the challenges that living in the mountains brings
- know the history of the development of mountain areas and mountaineering and explain the role and importance of mountains in the development of Slovenian national identity
- understand basic mountaineering terminology
- identify hazards and unsustainable practices in the mountain environment
- use basic mountaineering equipment and aids for planning and carrying out a trip to the mountains / tours
- design a tour plan and carry it out accordingly
- be able to use / apply sustainable concepts of mountaineering in the mountain area

Metode poučevanja in učenja:

Predavanja in vaje – v učilnici in na terenu.
 Učenje z opazovanjem in preizkušanjem.
 Učenje s praktičnimi nalogami.
 Aktivno individualno in skupinsko delo.

Learning and teaching methods:

Lectures and tutorials - in the classroom and in the field.
 Learning by observation and experimentation.
 Learning with practical tasks.
 Active individual and group work.

Delež (v %) /

Načini ocenjevanja:

Weight (in %)

Assessment:

Udeležba in sodelovanje pri predmetu s preizkusom usposobljenosti na terenu.	70 %	Participation in the subject with a field proficiency test.
Poročila (dnevnik, objave, recenzije ...) aktivnosti in opažanja pri učenju/delu	30 %	Reports (diary, publications, reviews ...) of activities and observations in learning / work

Reference nosilca / Lecturer's references:

PREVOLŠEK, Boris, MAKSIMOVIĆ, Aleksandar, PUŠKA, Adis, PAŽEK, Karmen, ŽIBERT, Maja, ROZMAN, Črtomir. Sustainable development of ethno-villages in Bosnia and Herzegovina : a multi criteria assessment. Sustainability, ISSN 2071-1050, 2020, vol. 12, iss. 4, 18 str., ilustr. <https://doi.org/10.3390/su12041399>, doi: 10.3390/su12041399. [COBISS.SI-ID 4660780]

PREVOLŠEK, Boris, ROZMAN, Črtomir, PAŽEK, Karmen, MAKSIMOVIĆ, Aleksandar, POTOČNIK TOPLER, Jasna. Development of family tourism businesses in rural areas : multi criteria assessment of businesses in easter Slovenia = Razvoj turističkog obiteljskog gospodarstva u ruralnom području : vrednovanje višestrukih kriterija gospodarskih subjekata u istočnoj Sloveniji. Podravina : časopis za multidisciplinarna istraživanja, ISSN 1333-5286, 2017, vol. 16, br. 32, str. 136 -149, ilustr. [COBISS.SI-ID 2048239443]

PREVOLŠEK, Boris, ROZMAN, Črtomir, PAŽEK, Karmen, POTOČNIK, Majda. Multi-criteria assessment of tourist farm service quality with analytical hierarchical process and DEX method. V: GORENAK, Mitja (ur.). The issues on the horizon of sustainable development in tourism. Essex: Pearson Education Limited, cop. 2016, str. 59-69. [COBISS.SI-ID 2048143443]

PREVOLŠEK, Boris, POTOČNIK TOPLER, Jasna, ROSI, Maja, ROZMAN, Črtomir. Succession of family business: case of catering establishments in east Slovenia. V: Modern management tools and economy of tourism sector in present era : international thematic monograph : thematic proceedings. Belgrade: Association of Economists and Managers of the Balkans; Ohrid: Faculty of Tourism and Hospitality. 2016, str. 565-580. <http://www.udekom.org.rs/publikacije.html>. [COBISS.SI-ID 2048184403]